

# Future Stars

## SUMMER CAMPS



- Soccer** camp
- Baseball** camp
- Basketball** camp
- Tennis** camp
- Swim** camp
- Circus Arts** camp
- Lacrosse** camp
- Magic** camp
- Drama** camp
- Softball** camp
- Volleyball** camp
- Cheerleading** camp
- Multi-Sports** camp
- Little Stars** camp

Weekly  
Day Camps  
2008

[www.fscamps.com](http://www.fscamps.com)

**SUNY Old Westbury**

# Open House Clark Athletic Center

Sat., Nov. 17th 10am-2pm; Sat., Jan. 26th 10am-2pm; Sat., Mar 8th 10am-2pm

## Dear Parents and Campers,

For twenty-nine years, Future Stars has been providing families in Westchester, Manhattan, Fairfield, and Long Island with the finest, most comprehensive, specialty camp programs in the New York Area. Our summer camps, indoor sport facilities, and after school programs provide thousands of children every year with a fun and safe environment in which they enhance their skills.

At Future Stars Camps, we encourage the campers to play with confidence, enthusiasm and a genuine love of the game.

Thank you,  
Bill Griffin & Charlie Van Dercook



## General Information

**Camp Tours** Tours of all the camp sites are conducted year round. Please call 516-876-3490 to schedule an appointment.

**Price** \$595 per week includes lunch and transportation.

**Swimming** Each camper will have one period of recreational swimming every day. All pools are supervised by certified lifeguards and water safety instructors, and exceed all state water safety codes.

**Lunch Included.** All campers will have a daily choice of fresh sandwiches, wedges, salads, fresh fruits, nutritious beverages, energy snacks and desserts, weekly pizza day and barbecue.

**Transportation Included.** Door to door pick up is included in the price of camp throughout Nassau County and beyond by arrangement.

**To Register** Fill out the attached application and return it with your payment by mail, by fax 914-273-8506, or go to our website [www.fscamps.com](http://www.fscamps.com) to register online. **An initial deposit of \$200 per week is required. Payment in full is due by April 1, 2008 to hold placement. Prior to April 1st, payments will be refundable, minus a \$150 cancellation fee. Cancellations after April 1st are non refundable.**

## Discounts

**\*EARLY ENROLLMENT** – Enroll by Dec. 1st and save \$75 per week for every week you enroll. Enroll by Jan. 31st and save \$50 per week for every week you enroll. Enroll by March 15th and save \$25 per week for every week you enroll.

**\*SIBLINGS** – \$25 discount per week for each week enrolled.

## Extended Day Program

2-4PM, \$75 for Little Stars; 4-6PM, \$75 for Future Stars

**\*Camp will operate on July 4th.**

CALL FOR INFORMATION ABOUT SETTING UP OUR SCHOOLS AND PARKS PROGRAM IN YOUR COMMUNITY.

# Table of Contents

## SUNY College at Old Westbury nassau county 516-876-3490

### page

- 4** basketball camp
- 5** swim camp
- 6** tennis camp
- 7** multi-sports camp
- 8** soccer camp
- 9** lacrosse camp
- 10** session fees & application form
- 12** baseball camps
- 13** little stars camp
- 14** circus arts camp
- 15** magic camp
- 15** drama camp
- 16** girls softball camp
- 16** girls volleyball camp
- 17** cheerleading camp

# CONTENTS

## hamptons

- 18** Sandy Hollow Tennis Club  
southampton 631-287-1825
- 18** Green Hollow Tennis Club  
east hampton 631-324-0297
- 19** Southampton Town  
recreation center 631-287-6707
- 19** Pine Hills Country Club  
manorville 631-874-3474

## Purchase College westchester county

12 specialized day & overnight camps 914-251-6541

## year-round programs westchester county

- Armonk Tennis Club: indoor/outdoor  
juniors • adults • clinics • leagues • camps 914-273-8124
- Armonk Indoor Sports Center  
tennis • lacrosse • soccer • parties • more 914-273-8522

# BASKETBALL camp

Future Stars Basketball Camp teaches boys and girls ages 6-16 how to be well-rounded, team-oriented players. Campers will benefit from our philosophy of small group instruction, close supervision, emphasis on skills, quality game play and focus on sportsmanship and teamwork. Campers are grouped according to age and ability. Boys and Girls programs will merge and separate as appropriate. Curriculum will vary for recreation, AAU, junior varsity and varsity players.

## A Typical Day

(Times & Events Vary)

9:00 am	Stretching/Warm-up
9:20 am	Instructional Stations
10:30 am	Fundamental drills
11:15 am	League play
12:15 pm	Lunch
1:00 pm	Swimming
1:45 pm	Skills competition
2:30 pm	Snack
2:45 pm	Full court game play
4:00 pm	Departure



BOYS  
&  
GIRLS

## features & highlights

Offense	Fitness Routines
Defense	Scrimmages
Dribbling	Fast Breaks
Passing	Stationary Drills
Rebounding	Ball Handling
Shooting	Swimming
Ball Handling	Team Discounts

June 30 - Aug 22

# SWIMMING camp

swimming

Future Stars swim camp is designed for boys and girls ages 7-16. Our goal is to foster and pattern solid stroke fundamentals so that each camper may develop their individual potential. Each day will be balanced with technique and training sessions. Each camper will be given the tools to systematically progress. A comprehensive program of speed, strength conditioning, stretching and endurance will be utilized. Coaches from the collegiate, high school and club level will insure this program makes a huge splash! **Private & group lessons also available.**  
**Open to all levels.**

ages  
7-16

## A Typical Day

(Times & Events Vary)

9:00 am	Stretching/warm-up
9:20 am	Technical stroke work
10:20 am	Lap work, stroke count, starts, turns
11:20 am	Field play conditioning
12:20 pm	Lunch
1:00 pm	Video, film, field work
2:30 pm	Swim games, relays, recreation
4:00 pm	Departure



## features & highlights

Swim instruction	Dry Land
Stroke analysis	Flexibility
Starts	Sprints
Turns	Video analysis
Kicking sets	Improved times



BOYS  
&  
GIRLS

June 30 - Aug 22

# TENNIS camp

Future Stars tennis programs are individually designed to methodically challenge players of all levels, ages 6-16. Throughout the week campers will be encouraged to enhance their strokes and strategies via group lessons, skill building drills, organized play, individual attention, video sessions, target training, fitness routines and more. All campers are carefully grouped by the tennis director based on skill level and age. The professional staff is an international team of the most talented players and coaches, with years of success competing, coaching and motivating junior talent.

ages  
6-16

## A Typical Day

(Times & Events Vary)

9:00 am	Orientation / stretching / warm-up
9:20 am	Drilling & instruction
10:40 am	Field play & fitness
12:00 pm	Lunch / tournament matches
1:00 pm	Tennis games
2:00 pm	Point play / swimming
3:30 pm	Snack / Davis Cup
4:00 pm	Departure



## features & highlights

Stroke Production	Target Training
Group Lessons	Fitness Routines
Skill Building Drills	Court Position & Movement
Tournaments	Singles & Doubles Play
Individual Attention	Swimming
Video Sessions	

BOYS  
&  
GIRLS

June 30 - Aug 22

# MULTI-SPORTS camp

multi-sports

Future Stars Multi-Sports Camp is the perfect blend of sports, recreational games, and camaraderie. Campers ages 6-16 will participate in a multitude of exciting, fun-filled games. The curriculum is designed to be fun and instructional, and includes age appropriate skill building activities. The primary focus will be to help campers enjoy themselves in an atmosphere that promotes self confidence and team work. Directors, coaches and counselors will be highly trained, experienced professionals recruited from all of the best recreational and educational programs in the area.

ages  
6-16

## A Typical Day

(Times & Events Vary)

9:00 - 9:30	Stretching/Warm-up
9:30 - 10:30	Color War
10:30 - 11:15	Soccer
11:15 - 12:15	Tennis
12:15 - 1:15	Lunch
1:15 - 2:15	Swimming
2:15 - 3:05	Kickball
3:05 - 3:25	Snack
3:25 - 4:00	Volleyball



## features & highlights

Lacrosse	Swimming
Soccer	Volleyball
Basketball	Field Hockey
Softball	Football
Tennis	Golf
Capture-the-Flag	Dodge Ball



BOYS  
&  
GIRLS

June 30 - Aug 22

# SOCCER camp

Future Stars Soccer Camps provide the perfect atmosphere for advanced players and aspiring juniors ages 6-16 to elevate their skills. Each day will emphasize ball control, agility, fitness, and ball striking combined with daily games to insure that each camper's skill development will be swift and steady. Players will have ample opportunity to test their new skills in short sided and full field games on a daily basis.

ages  
6-16

## A Typical Day

(Times & Events Vary)

9:00 am	Stretching / Warm-up / Technical training
11:00 am	Skill games / 1v1 and 3v3 games
12:00 pm	Lunch
12:40 pm	Swimming / Recreational games
2:00 pm	Skill competitions/ League matches/ World Cup
4:00 pm	Departure



## features & highlights

- Ball Control Mastery
- Agility/Skills Challenges
- 1 v 1, 3 v 3 Championships
- Passing & Receiving
- Support Play
- Goaltending
- Tactical Offense/Defense
- Far Post Finishing
- Swimming
- Team Discount

BOYS  
&  
GIRLS

June 30 - Aug 22

# LACROSSE camp

Future Stars Lacrosse Camp is open to Boys and Girls ages 7-16. Each weekly session will challenge campers to become more effective players. The curriculum is designed and implemented by some of the areas finest modified, high school, college and professional players and coaches. Our goal is to insure that each camper will enjoy an unforgettable growth experience regardless of age or skill level and return to team play better prepared for new challenges.

ages  
7-16

## A Typical Day

(Times & Events Vary)

9:00 – 9:20	Stretching / Warm-up
9:20– 10:30	Instructional Stations
10:30– 10:45	Demonstration
10:45– 12:00	Positional Training
12:00– 12:45	Lunch
12:45 – 1:30	Swimming
1:30 – 2:30	Skills Contest
2:30 – 4:00	Scrimmages
4:00	Departure



## features & highlights

Attack skills	Fast Breaks
Defense	1V1, 2V2, 3V3
Dodging	Positioning / Training
Team Concepts	Clears & Rides
Ground Balls	Shooting
Face Offs	Team Discounts



**BOYS**  
June 30 - Aug 22

**GIRLS**  
July 28 - Aug 22

# FUTURE STARS CAMP APPLICATION

★ 546 Bedford Road Armonk NY 10504

First Name \_\_\_\_\_ Last Name \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_

Sex \_\_\_\_\_ Birthdate \_\_\_\_\_ School \_\_\_\_\_

Home Phone \_\_\_\_\_ Email \_\_\_\_\_

Summer Address \_\_\_\_\_

Mother's Name \_\_\_\_\_ Cell \_\_\_\_\_

Father's Name \_\_\_\_\_ Cell \_\_\_\_\_

T-Shirt Size:      *Junior*    S    M    L      *Adult*    S

Level (Novice, Some Experience, Recreational, Competitive, Varsity/)

Tennis \_\_\_\_\_ Basketball \_\_\_\_\_ Softball \_\_\_\_\_

Soccer \_\_\_\_\_ Baseball \_\_\_\_\_ Lacrosse \_\_\_\_\_

<b>SUNY OLD WESTBURY</b> <i>Please Check Desired Session</i>	<b>Prices*</b> (Include Lunch & Transportation)	<b>6/30 to 7/4</b>	<b>7/7 to 7/11</b>
Basketball Camp	\$595		
Baseball Camp	\$595		
Multi-Sport Camp	\$595		
Circus Arts Camp	\$1190/session		
Lacrosse Camp	\$595		
Soccer Academy	\$595		
Girls Softball Camp	\$595		
Swim Camp	\$595		
Tennis Camp	\$595		
Magic Camp	\$595		
Girls Volleyball Camp	\$595		
Cheerleading Camp	\$595		NA
Little Stars	\$520 (no bus)		
Drama Camp	\$1190/session		

**Enclosed is my deposit of \$200 per week** # of Wks \_\_\_\_\_ x \$200 Total \_\_\_\_\_

**Discounts:**    Sibling \$25/wk    Early enrollment \$75/wk (not valid after 3/15/08)

Early enrollment \$25/wk (not valid after 3/15/08)

**After Care (\$75/wk):** Little Stars 2-4pm         All Other Camps 4-6pm

Please charge my:    MC    Visa   Name \_\_\_\_\_

Please Make Checks payable to: **OW Sports Associates • 546 Bedford Road**

*As parent or guardian of the applicant, I hereby accept the condition of enrollment in the Future Stars Camp Program. I agree to comply with all program regulations, and hereby remove my child from any and all liability for injury or damages incurred while involved in the program. All photographs or video tapes of the campers taken at camp to be used for public relations purposes. Cancellations prior to August 1st are charged in full and cancellations are non refundable. Cancellations prior to August 1st are charged in full and cancellations are non refundable.*

Signature \_\_\_\_\_



# BASEBALL camp

Future Stars Baseball Camp is designed to teach and inspire campers ages 6-16 to become better players. With the perfect balance of skill building, sportsmanship, competition, and fun, campers will enjoy a memorable summer experience. Players will work individually and as teams to improve their offense and defense, power hitting, average, throwing, fielding, and speed/agility.

## A Typical Day

(Times & Events Vary)

9:00 - 9:30	Stretching / Warm-up
9:30 - 10:30	Instructional Station 1
10:30 - 11:15	Instructional Station 2
11:15 - 12:15	Skills Competitions
12:15 - 1:15	Lunch
1:15 - 2:15	Swimming
2:15 - 3:15	Scrimmages
3:15 - 4:00	World Series
4:00	Departure



## features & highlights

Hitting	Skill Building Drills
Fielding	Swimming
Throwing	Team Discounts
Catching	Batting Cage
Pitching	Soft Toss
Position Play	

BOYS  
&  
GIRLS

June 30 - Aug 22

# LITTLE STARS camp

little stars

This is Future Stars "Little Stars" day camp. It is designed to meet the diverse needs of young children. This program is deeply committed to reinforcing the core family values of caring, honesty, respect, and responsibility. The College at Old Westbury is the perfect setting for these young campers to explore the world. They will have full access to 3 full gymnasiums, 25-meter fully refurbished indoor pool, racquetball courts, locker rooms, lavatories, gaming room, numerous outdoor fields, tennis courts, playground, picnic and shaded areas, student center, cafeteria, art and video rooms and theatre. The hours of this program are 9 am to 2 pm. An extended day program is available.

ages  
3½-5

## A Typical Day

(Times & Events Vary)

9:00 - 9:20	Arrival/Orientation
9:20 - 9:55	Tennis
10:00 - 10:30	Field Sport
10:40 - 11:15	Swimming
11:30 - 12:15	Lunch
12:15 - 2:00	Arts & Crafts / Music & Specials



## wednesday specials

Wednesday specials include treasure hunts, scientific surprises, petting zoo, Simon Sez, nature discoveries, and bouncing castles. One featured activity takes place each Wednesday of every session.



BOYS  
&  
GIRLS

June 30 - Aug 22

# CIRCUS ARTS camp

Circus camp is a thrill of a lifetime. Boys and girls ages 7-16 will have the opportunity to explore a wide variety of uniquely challenging circus skills. It's not just clowning around. You will discover that each of the disciplines requires tremendous balance, timing, dexterity and concentration. Each two week session culminates in an unforgettable live circus performance. All skills are performed in a safe, matted, and highly supervised setting.

ages  
7-16

## Three 2-Week Sessions

Session 1 June 30 – July 11

Session 2 July 14 – July 25

Session 3 July 28 – August 8

Each 2 week session costs \$1190.  
Circus Arts Camp is open to boys and girls ages 7-16.



## features & highlights

Trapeze

Balancing skills

Unicycling

Floor acrobatics

Mini-trampoline

Rolla bolla

Juggling

Stilt walking

Clowning

Swimming

BOYS  
&  
GIRLS

June 30 - Aug 8

# MAGIC camp

Future Stars Magic Camp is an exciting program where boys and girls from age 8-16 will learn amazing feats of magic and illusion. The camp will again be led by **David Oliver**, an award winning sleight-of-hand magician who has had extensive experience as one of the leading figures in the national organization, "The Society Of Young Magicians." The campers will construct and learn some of the great "tricks of the trade." Coins will disappear, ropes will be cut and re-stored, aces will fly out of the deck and glasses of water will disappear into thin air.



magic & illusion

ages  
8-16

BOYS  
&  
GIRLS

July 28 - Aug 8

# DRAMA camp

Do you dream of standing in the spotlight on opening night? ...of seeing yourself in the movies or on television? ...of the thrill of an audience's applause? Join us at a magical place where everyone shares your dreams. Boys and girls ages 8-16 are all cast in the show. All campers will get individual attention and expression. Directors, teachers and designers are seasoned professionals selected for their years of experience in motivating and guiding young talent to achieve their goals. In addition to show rehearsal, set and costume design, all campers will have an opportunity for field play and swimming.

drama

ages  
8-16



To view a typical day at Drama or Magic Camp, please visit our website: [www.fscamps.com](http://www.fscamps.com).

BOYS  
&  
GIRLS

June 30 - Aug 22

# SOFTBALL camp

Future Stars Softball Camp is designed to teach and inspire girls ages 11-17 to become better, more confident, more composed players. With the perfect balance of skill building, sportsmanship, competition, and fun, these modified and high school girls will enjoy a memorable summer experience. Players will work individually and as teams to improve their offense, defense, hitting, fielding, base running and tactical skills. A group of experienced high school, collegiate and modified coaches will work tirelessly to improve everyone's play. **To view a typical day in the Softball program, please go to [www.fscamps.com](http://www.fscamps.com)**

ages  
11-17

GIRLS

July 28 - Aug 8



# VOLLEYBALL camp

This program is designed for all levels of play from novice to elite. Players will benefit from intensive drilling, personalized instruction, and competitive play. Fundamentals will be reinforced daily in a positive, enthusiastic, constructive environment. This program is appropriate for girls interested in learning the game and preparing for and playing on high school teams. **To view a typical day in the Volleyball program, please go to [www.fscamps.com](http://www.fscamps.com)**

ages  
11-17

GIRLS

Aug 11 - Aug 22



# CHEERLEADING camp

cheerleading

Cheerleading camp is a dynamic fun filled program combining dance, jumps, tosses, cheers and chants for campers aged 7-16. Whether you are a high school cheerleader looking to ignite your school spirit or a total beginner, our curriculum is designed to develop confidence, enthusiasm, motivation and leadership. Campers will learn the latest stunts, pyramids and cheers in a safe, fun environment. Head C.W Post cheerleading coach **Nicole Hershman** will direct the program.

ages  
7-16

## A Typical Day

(Times & Events Vary)

9:00 - 9:30	Team Building
9:30 - 10:30	Cheers and Chants
10:30 - 11:30	Dances and Jumps
11:30 - 12:30	Stunts and Pyramids
12:30 - 1:30	Lunch
1:30 - 2:30	Swimming
2:30 - 3:30	Cheers and Dances
4:00	Departure



## features & highlights

Cheers	Basket Tosses
Chants	Tumbling
Spirit Dances	Arabesque
Stunts	Cradle Catch
Jumps	Elevator
Pyramids	

BOYS  
&  
GIRLS

July 14 - July 25

# HAMPTONS tennis

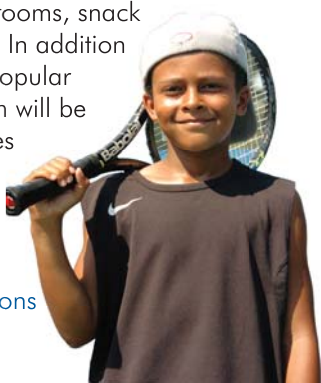
## Sandy Hollow Tennis Club

Sandy Hollow Tennis Club is situated on five beautifully landscaped acres, just north of Southampton, ½ mile north of RT 27. This outstanding tennis facility includes 14 Har-Tru courts, clubhouse, locker rooms, recreational fields, basketball court and dining areas.

## Green Hollow Tennis Club

Green Hollow Tennis Club is nestled in a wooded area of East Hampton and conveniently located just north of Montauk Highway. The facilities include: 13 Har-Tru tennis courts, dining area, athletic field, pro shop, clubhouse, locker rooms, snack bar and basketball court. In addition to the tennis camp, our popular **Camp Hampton** program will be available for children ages 4-6 and the **Tournament Training Program** for ages 13-16 will be available from noon-5:30pm.

To register for the Hamptons programs, please go to [www.fscamps.com](http://www.fscamps.com).



BOYS  
&  
GIRLS

Future Stars is proud to continue to offer its trademark tennis program in the Hamptons. Each day, campers age 6-16, grouped by age and level, will receive 3-4 hours of top-flight instruction, including fundamentals, stroke production, point play with strategy emphasis, and match play competition. Players who have already achieved a high level of play are invited to participate in our Tournament Training Program offered daily.

In addition, campers will also enjoy other activities such as baseball, softball, soccer, and a visit to a nearby beach. Lunch is available and delivered daily. Transportation is also available from designated locations.

\*To see a typical day, see schedule on page 15.

June 16 - Aug 29

# HAMPTONS sports

## Southampton Town Recreation Center

Southampton Town Recreation Center is a 55,000 square foot state of the art, indoor and outdoor athletic facility.

### Sports Camp

Future Stars Sports Camp at Southampton Recreation Center offers each camper a stimulating daily rotation of sports designed for fun and skill building. With more than 15 different sports offered throughout the session, campers will have the opportunity to explore and expand their skill set in a wide variety of sports and games. Campers bring their own lunch, which will be refrigerated on site.

### Little Stars

Little Stars, designed for ages 3½-5, is an age appropriate blend of daily sports and swim instruction, arts & crafts, skill building games, music, and tenderness. The hours of this program are 9 am to 2 pm. An extended day program is available.

To view a typical day or to register at Southampton Recreation Center, please visit our website.



## Pine Hills Golf & Tennis Program

Pine Hills Country Club in Manorville is a beautiful woodland property with 8 all-weather tennis courts, 2 swimming pools, 18 hole golf course, practice range, and putting and chipping greens. Future Stars Golf and Tennis Program at The Pine Hills Country Club is open to boys and girls ages 6-16 and is tailored to the individual needs of each camper. Campers will be grouped by age and skill level. In addition to 2-3 hours of both golf and tennis specific training, campers will enjoy a recreation period, nutritious lunch and snack, and daily swim. **To view a typical day or to register at Pine Hills, please visit our website.**



BOYS  
&  
GIRLS

June 30 - Aug 22



PRSRST STD.  
U.S. POSTAGE  
PAID  
Permit # 7033  
White Plains, NY

## ENROLL EARLY

Enroll by Dec. 1st and save \$75/week  
Enroll by Jan. 31st and save \$50/week  
Enroll by March 15th and save \$25/week

## Celebrating Our 29th Year!