

# Future Stars

## SUMMER CAMPS

# FUTURE STARS OLD WESTBURY

## Summer 2023

JUNE 26–AUGUST 18 | MONDAY TO FRIDAY, 9AM–4PM  
BOYS & GIRLS | GRADES K–9

### ABOUT FUTURE STARS

For over 40 years, Future Stars has been providing campers and families with a fun, safe, and welcoming environment designed to help them build their skills, grow their confidence, and develop friendships.

### CAMP FACILITY

Future Stars Old Westbury is a wooded 600 acre campus centrally located in Long Island's Gold Coast in Nassau County, conveniently located on Rt.107 minutes from the LIE (Rt.495), Jericho Turnpike (Rt.25), and Northern Blvd (Rt.25A). The campus offers a perfect blend of natural beauty and outstanding collegiate facilities, as well as state-of-the-art indoor amenities to help provide campers with The Ultimate Summer Camp Experience.

### CAMP LEADERSHIP

David Stapleton oversees Future Stars Old Westbury, and returns for his 15th Summer with Future Stars in 2023. He graduated from the University of Edinburgh in 1999, and brings over 20 years of experience in summer camps, coaching, and youth sports.

### CAMP PERMIT

Future Stars Summer Camps are permitted to operate by Nassau County Department of Health. The camp is inspected twice yearly and copies can be obtained by written request from Nassau County Department of Health (200 County Seat Drive, Mineola NY 11501)

### HEALTH & SAFETY GUIDELINES

The safety of our campers, staff, and families remains the top priority as we continue to move forward and plan for the summer. Protocols and procedures will be communicated to camp families to ensure we can offer a healthy and safe environment for all Future Stars programs.

[FSCAMPS.COM](http://FSCAMPS.COM)



# RISING STARS CAMP

BOYS & GIRLS. GRADES K-2 (FALL 2023)

## program highlights

CORE SPORTS AND GAMES

PHYSICAL LITERACY & MOVEMENT EDUCATION

LEGO EDUCATION & CODING WITH BOTLEY

DAILY INSTRUCTIONAL SWIM

FUTURE STARS SPECIAL EVENTS

Future Stars specially design **Rising Stars** Program offers a fundamental sports and learning experience to help nurture our youngest campers during the formative years of their childhood development.

Our experienced staff of teachers, educators and instructors use age appropriate training methods and activities to cultivate teamwork and creativity, while working on fundamental sports skills.

A balanced day of core sports, recreational games, swimming lessons, and activity periods, where creativity, education and character development are the focus ensures campers have a perfect blend of instruction and fun.

## TYPICAL DAY\*

9:00am	Daily Orientation
9:15am	Sports Period I (Fundamental Skills)
10:15am	Sports Period II (Small-Sided Games)
11:15am	Skills Challenges or Team Events
12:00pm	Lunch
1:00pm	Activity Period I (Rec Games)
1:45pm	Activity Period II (Creative Learning)
2:30pm	Instructional Swim & Water Activities
4:00pm	Daily Recap & Departure

*\*Subject to change*

FULL RISING STARS PROGRAM DETAILS  
AND STAFF BIOS ARE AVAILABLE AT  
[FSCAMPS.COM](https://www.fscamps.com).



# SPORTS CAMPS

BOYS & GIRLS | GRADES 3-9 (FALL 2023)

## 9 sports camps

BASKETBALL • SWIM • MULTI-SPORTS • GOLF  
CHEERLEADING • VOLLEYBALL • SOCCER\*  
FLAG-FOOTBALL\* • TENNIS\*\*

Future Stars specially designed **Sports** programs help campers improve their confidence, skills and love of the game. Our staff of certified coaches, experienced teachers and skilled collegiate athletes will help everyone grow their game!

A balanced day of competitions, skills training and supplemental recreational activities, ensures campers have a perfect blend of instruction and fun. By the end of their Future Stars camp experience, campers will not only come away as better players, but will develop a greater appreciation for athletics, building skills, character, and friendships along the way!

*\*Soccer and Flag Football will take place off-site this summer at OLMA in Syosset, as the Old Westbury game fields are unavailable.*

*\*\*Tennis is for Grades 2-5 only, following 10U Tennis 'kid-sized' and 'play based' format on modified courts)*

### TYPICAL DAY\*

9:00am	Daily Orientation
9:15am	Sports • Skill Work
10:15am	Sports • Daily Theme
11:15am	Small Sided Games
12:15pm	Lunch
1:15pm	Recreational Swim and/or Gametime
2:15pm	Skills Challenges
3:00pm	Scrimmages & Games
4:00pm	Daily Recap & Departure

*\*Subject to change based on program*

FULL SPORTS PROGRAM DETAILS  
AND STAFF BIOS AVAILABLE AT  
[FSCAMPS.COM](https://www.fscamps.com).



# SPECIALTY CAMPS

BOYS & GIRLS | GRADES 3-9 (FALL 2023)

## 2 specialty camps

PERFORMING ARTS • DANCE - DRAMA

Future Stars specially designed **Specialty** programs give campers the opportunity to be creative, adventurous, and confident. Our experienced staff of coaches, teachers, and instructors use focused and specialized training to help our campers achieve their highest potential.

A balanced day of skills-building, performance practice and supplemental recreational activities, ensures campers have a perfect blend of instruction and fun. By the end of their Future Stars camp experience, campers will develop a greater appreciation for the subjects, building skills, character, and friendships along the way!

### TYPICAL DAY\*

- 9:00am Daily Orientation
- 9:15am Activity I • Skill Building
- 10:15am Activity II • Daily Theme
- 11:15am Performance Session I
- 12:15pm Lunch
- 1:15pm Recreational Swim and/or Gametime
- 2:15pm Camper Games
- 3:00pm Performance Session II
- 4:00pm Daily Recap & Departure

*\*Subject to change based on program*

FULL SPECIALTY PROGRAM DETAILS AND  
STAFF BIOS ARE AVAILABLE ONLINE AT  
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# STEAM CAMPS

BOYS & GIRLS | GRADES 3-9 (FALL 2023)

## 5 STEAM education camps

LEGO ROBOTICS • VIDEO GAME DESIGN • BATTLEBOTS  
3D PRINTING & DESIGN • STEAM EXPLORATION

Future Stars specially designed **STEAM** programs give campers the opportunity to work creatively and be innovative thinkers. Our experienced staff of educators, teachers, and instructors use project based learning to help campers achieve their potential.

A balanced day of skill building, hands-on activities, and supplemental recreational activities ensures campers have a perfect blend of instruction and fun. By the end of their Future Stars camp experience, campers will develop a greater appreciation for learning, building skills, character, and friendships along the way!

### TYPICAL DAY\*

9:00am	Daily Orientation
9:15am	STEAM • Skill Building
10:15am	STEAM • Project Learning
11:15am	Immerse & Innovate
12:15pm	Lunch
1:15pm	Waterpark and/or Gametime
2:15pm	Cooperative Games
3:00pm	STEAM • Creative Play
4:00pm	Daily Recap & Departure

*\*Subject to change based on program*

FULL STEAM PROGRAM DETAILS AND  
STAFF BIOS ARE AVAILABLE ONLINE AT  
[FSCAMPS.COM](https://www.fscamps.com).



# HORSEBACK RIDING CAMP

BOYS & GIRLS | GRADES 3-9 (FALL 2023)

## Unique Partnership between Future Stars Summer Camps and Horseability

At Future Stars Horseback Riding program, campers enjoy a week of horsemanship and riding at Horseability, as well as additional recreational activities on campus each day. Campers will learn and practice horseback riding, horsemanship skills, and equine science and management.

From beginners who have never mounted, to more advanced riders that can walk, trot, canter, and jump, there is a place for all levels in the camp setting. Groups are divided based on horseback riding experience and ability to provide the most cohesive lesson possible.

*\*Horseback Riding Camp has a limited weekly enrollment and we anticipate that sessions will sell out.*

### TYPICAL DAY\*

- 9:00am Daily Orientation & Shuttle to Horseability
- 10:00am Horsecare
- 10:45am Horsemanship Lesson
- 11:30am Riding Lesson
- 12:30pm Lunch
- 1:30pm Recreational Swim and/or Gametime
- 2:30pm Recreational Activities
- 4:00pm Daily Review & Departure

*\*Subject to change based on program*

FULL HORSEBACK RIDING PROGRAM DETAILS AND STAFF BIOS ARE AVAILABLE ONLINE AT [FSCAMPS.COM](https://www.fscamps.com).



# ADVENTURE CAMP

BOYS & GIRLS | GRADES 5-9 (FALL 2023)

## program highlights

INDOOR ROCK CLIMBING • ROPES COURSE  
SUP & KAYAKING • ADVENTURE PARK  
NINJA WARRIOR • OCR • PROJECT ADVENTURE  
ON CAMPUS ADVENTURE CHALLENGES

Future Stars specially designed **Adventure** program is modeled on the popular Adventure Education programs, and incorporates both on campus and off campus activities.

Our experienced staff of physical education teachers direct and oversee the program with additional expertise offered from the on-site staff at the various trip locations.

The program aims to create a fun and positive small group experience that fosters leadership skills and encourages the campers to challenge themselves.

### TYPICAL DAY\*

9:00 am Daily Orientation  
9:15 am Team Building  
9:45 am Depart for Trip Location  
10:15 am Adventure Activities  
1:15 pm Lunch  
2:00 pm Depart for Campus  
2:30 pm Cooperative Games  
3:00 pm Team Challenges OR Water Activities  
4:00 pm Daily Recap & Departure

*\*Subject to change based on program*

FULL ADVENTURE PROGRAM DETAILS AND  
STAFF BIOS ARE AVAILABLE ONLINE AT  
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# THE COLLEGE AT OLD WESTBURY FACILITIES

223 STORE HILL ROAD, OLD WESTBURY, NY 11568

The College at Old Westbury is a wooded 600 acre campus centrally located in Long Island's Gold Coast in Nassau County. Campus offers outstanding indoor and outdoor collegiate facilities for the 15+ exciting Future Stars Old Westbury program options. Future Stars utilize the collegiate athletics facilities, as well as additional campus facilities for all programs. Future Stars are the only summer camp program on campus during the summer with exclusive use of the following facilities;

## OUTDOOR FACILITIES (Athletics)

Woodlands Intramural Field (Grass), Panthers Practice Field (Grass), Basketball Courts, and Recreational Games Zone.

## INDOOR FACILITIES (Athletics)

Multiple Gymnasiums, Swimming Pool, Yoga & Dance Room, Plyometric Rooms, Panther Pride Recreation Area.

## CAMPUS FACILITIES (Additional)

Air-Conditioned Cafeteria, Recital Hall, Classrooms, Computer Labs, and more!

## HORSEABILITY FACILITIES (On-Campus)

Three Outdoor Riding Arenas, One Indoor Riding Arena, Ample Paddock Space, Stables, Indoor Classroom, and more!



CAMPUS TOURS ARE AVAILABLE YEAR ROUND. PLEASE CALL 516.834.2267 OR EMAIL [OLDWESTBURY@FSCAMPS.COM](mailto:OLDWESTBURY@FSCAMPS.COM) TO SCHEDULE.



# AT FUTURE STARS WE PLAY WITH CONFIDENCE, ENTHUSIASM & GENUINE LOVE OF THE GAME!

## OUR MISSION

To teach, inspire, and motivate each and every camper.

## OUR HISTORY

Since 1980, and on campus at The College at Old Westbury since 2005. *Relaunching on campus in 2023 after a pandemic hiatus.*

## OUR CAMPERS

From young beginners working on gross motor skills to middle school students and athletes, we personalize our programs to challenge aspiring youth to reach another level in their development. Each camper is grouped by the director into an age and level appropriate group that allows for swift advancement in skills, while also providing fitting social opportunities for the individual.

## OUR STAFF

We take great pride in our staff. All programs are overseen by directors who are qualified and experienced adult professionals in their field and are passionate about working with children. Assistant coaches, teachers, instructors and student athletes ensure an outstanding team of staff members for our campers.

## OUR CURRICULA

Each program implements an age and level appropriate curriculum with weekly programs and daily schedules. Character development is stressed, along with skill acquisition. The activities are scheduled to maximize the campers' time learning and growing, while creating the most enjoyable experience and memories.

**TRAIN • PLAY • BELIEVE**  
**FSCAMPS.COM**

