

WHAT TO BRING TO CAMP THIS SUMMER!

DAILY ITEMS REQUIRED FOR ALL CAMPERS

(Multi-Sport, Rising Stars, Basketball, Drama Camps & STEAM programs)

- Backpack
- Appropriate (Athletic) Apparel
- D Appropriate (Athletic) Footwear (Sneakers recommended. Sandals for the waterpark.)
- Bathing Suit & Towel (1 piece recommended for female campers)
- □ Sunscreen (hat/sunglasses optional)
- Water Bottle
- Small Healthy Morning Snack (optional afternoon snack is provided)
- Lunch in Insulated Bag
- Extra T-Shirt (recommended)
- **D** Rain Gear (campers should have appropriate clothing on days of inclement weather)

Lacrosse

Stick

Gloves

Cleats

Goggles

Stick

Mouthpiece

Helmet & Chin Strap

Shoulder & Elbow Pads

Cleats (gloves optional)

*goalies responsible for all their own gear

Mouthpiece

Equipment Bag

Bovs

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Girls

ADDITIONAL ITEMS REQUIRED FOR SPORTS CAMPS (if needed)

Baseball/Softball

 Mitt, Cleats, Hat, Bat & Helmet (*if you have*)

Soccer

- Cleats/Turf Shoes
- Shinguards

Tennis

- Tennis Racquet
- Flag Football
- Mouthpiece
- Cleats
- **D** Receiving gloves *(optional)*

Volleyball

Knee-Pads

ADDITIONAL ITEMS REQUIRED FOR SPECIALTY CAMPS

Drama

See Daily Items

ADDITIONAL ITEMS REQUIRED FOR RISING STARS

- Change of Clothes (recommended)
- Small Healthy Morning Snack

ADDITIONAL ITEMS REQUIRED FOR STEAM CAMPS USING COMPUTERS

External hard drive or thumb drive to save projects.

Please put full name on clothing and equipment where possible

Please leave valuables at home. Future Stars is not responsible for any lost valuables. All electronics and cell phones are NOT to be used during the camp day!

QUESTIONS? Email the camp office at: albany@fscamps.com

FARMINGDALE • SUFFOLK CC • NASSAU CC • OLD WESTBURY • SYOSSET • PATCHOGUE • SELDEN WESTHAMPTON/RIVERHEAD • SOUTHAMPTON • ALBANY • PURCHASE • MANHATTAN





