

August 2023 | Multi-Sport Camp



Monday	Tuesday	Wednesday	Thursday	Friday
WEEK 6: 	AMERICAN NINJA WARRIOR DAY 	FIELD TRIP ADVENTURELAND 	NBA DAY 	SLIDESHOW & AWARDS CEREMONY 
WEEK 7: 	SUPERHERO DAY 	FIELD TRIP SKY ZONE TRAMPOLINE PARK 	CRAZY HAT DAY 	SLIDESHOW & AWARDS CEREMONY 
WEEK 8: OLYMPICS WEEK 	BIKE RODEO #2 & FS TRIATHLON 	FIELD TRIP SPLISH SPLASH 	MAN HUNT 	SLIDESHOW & AWARDS CEREMONY 

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EVENT	DESCRIPTION	NEED TO KNOW
Tidal Wave Slip & Slide	40-foot-long inflatable slip and slide	Every day for all campers
Slideshow & Award Ceremony	Photo slideshow of week's events followed by an award ceremony (whole camp & individual groups)	Every Friday beginning at 2:30 sharp. Parents are cordially invited to attend.
Manhunt	A camper favorite!	Most Thursday afternoons.
Boxing Coach	One session per week of boxing and agility training.	Every Monday and Wednesday, from 10am-12pm.
American Ninja Warrior Day	Challenge campers in unique games and competitions	Tuesday, August 1.
NBA Day	Focus on fundamentals of basketball	Thursday, August 3. Wear favorite team's colors/gear
Superhero Day	Campers are welcomed to wear their favorite superhero clothes or colors.	Tuesday August 9th
Crazy Hat Day	Campers are encouraged to wear crazy hats	Thursday, August 11th
Bike Rodeo	Fun & instructional day of biking	Tuesday, August 16. Bring a bike and helmet to camp. We emphasize safety so training wheels are quite common. Many campers bring scooters as well.
FS Triathlon	Swimming, biking & running	Takes place on the same day as the bike rodeo. Part of Olympics Week.
Multi-Sport Olympics	Challenge campers to compete in various competitions	Monday, August 15 - Friday, August 19
There will be an extra cost for the below trips:		
Adventureland	Amusement park fun	\$40 per kid (all ages)
Sky Zone Trampoline Park	Trampoline fun	\$30 per kid (all age)
Splish Splash	Leave promptly at 9AM. Return for 4PM pick-up.	\$60 per kid (ages 8+)

QUESTIONS? Contact Morgan, Multi-Sport Director at **516.507.7573**

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