

Future Stars SUMMER CAMPS

WHAT TO BRING TO CAMP THIS SUMMER!

DAILY ITEMS REQUIRED FOR ALL CAMPERS

- Backpack
- Appropriate (Athletic) Apparel
- Appropriate (Athletic) Footwear (*Sneakers recommended. Flip-flops, crocs or sandals for the pool.*)
- Bathing Suit & Towel (*1 piece recommended for female campers*)
- Sunscreen (*hat/sunglasses optional*)
- Water Bottle
- Small Healthy Morning Snack (*optional - afternoon snack is provided*)
- Lunch in Insulated Bag
- Extra T-Shirt (*recommended*)
- Rain Gear (*campers should have appropriate clothing on days of inclement weather*)

ADDITIONAL ITEMS REQUIRED FOR SPORTS CAMPS

Baseball

- Athletic shorts & sneakers

Soccer

- Cleats/Turf Shoes
- Shinguards

Cheerleading

- Non-Restrictive Clothing and flatsoled cheerleading sneaker

Volleyball

- Knee-Pads

Swimming

- 2 Swimsuits
- 2 Towels
- Fins
- Goggles
- Swim cap
- Sneakers

Diving

- 2 Swimsuits
- 2 Towels
- Sneakers

Football

- Helmet & Chin Strap
- Mouthpiece
- Shoulder Pads
- Football Pants & Leg Pads
- Practice FB Jersey
- Cleats
- Athletic Supporter
- Equipment Bag (*positional gloves optional*)

Flag Football

- Cleats/Turf Shoes (*positional gloves optional*)

Lacrosse

Boys

- Helmet & Chin Strap
- Mouthpiece
- Stick
- Gloves
- Shoulder & Elbow Pads
- Cleats
- Equipment Bag

Girls

- Goggles
- Mouthpiece
- Stick
- Cleats (*gloves optional*)

**goalies responsible for all their own gear*

ADDITIONAL ITEMS REQUIRED FOR SPECIALTY CAMPS

Adventure

- See Daily Items

Dance

- Non Restrictive Clothing
- Jazz/Ballet Shoes

ADDITIONAL ITEMS REQUIRED FOR LITTLE STARS

- Change of Clothes (*recommended*)
- Small Healthy Morning Snack

Please put full name on clothing and equipment where possible

Please leave valuables at home. Future Stars is not responsible for any lost valuables. All electronics and cell phones are NOT to be used during the camp day!

QUESTIONS? Please email the camp office at suffolk@fscamps.com

PURCHASE | FARMINGDALE | SOUTHAMPTON | PATCHOGUE | WESTHAMPTON-RIVERHEAD | SYOSSET | SCCC GRANT

