

# June/July 2023 | Multi-Sport Camp



Monday	Tuesday	Wednesday	Thursday	Friday
<b>26</b> <b>WELCOME BACK!</b> 	<b>27</b> <b>NBA/WNBA DAY</b>  	<b>28</b> <b>BACKWARDS DAY!</b> <b>!YAD SDRAWKCAB</b>	<b>29</b> <b>MANHUNT!</b> 	<b>30</b> <b>SLIDESHOW &amp; AWARDS CEREMONY</b>   a <b>DUNK TANK FRIDAY!</b>
<b>3</b> <b>RED, WHITE, AND BLUE DAY!</b> 	<b>4</b> <b>4th of July No camp today</b> 	<b>5</b> <b>CRAZY HAT DAY!</b> 	<b>6</b> <b>Harry Potter Day!</b> 	<b>7</b> <b>SLIDESHOW &amp; AWARDS CEREMONY</b>   <b>DUNK TANK FRIDAY!</b>
<b>10</b> <b>WELCOME BACK!</b> 	<b>11</b> <b>KONA ICE TRUCK</b> 	<b>12</b> <b>MLB DAY!</b> 	<b>13</b> <b>FS KICKBALL Championships</b> 	<b>14</b> <b>SLIDESHOW &amp; AWARDS CEREMONY</b>   <b>DUNK TANK FRIDAY!</b>
<b>17</b> <b>OLYMPICS WEEK BEGINS!</b> 	<b>18</b> <b>TIE DYE DAY</b> 	<b>19</b> <b>OLYMPICS NINJA WARRIOR</b> 	<b>20</b> <b>OLYMPICS SCAVENGER HUNT</b> 	<b>21</b> <b>OLYMPICS MEDAL CEREMONY</b> 
<b>24</b> <b>WELCOME BACK!</b> 	<b>25</b> <b>MISMATCH DAY!</b> 	<b>26</b> <b>THE AMAZING RACE: FARMINGDALE</b> <b>THE AMAZING R A C E</b>	<b>27</b> <b>FSFD COLOR RUN</b> 	<b>28</b> <b>SLIDESHOW &amp; AWARDS CEREMONY</b>   <b>DUNK TANK FRIDAY!</b>

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\*Monday's are always special days filled with fun & games, along with ice-breaker activities and camp introductions to discuss rules and expectations for the week.

## Week 1: 6/26-6/30

**Tuesday: NBA/WNBA Day!** Come to camp in your favorite NBA/WNBA jersey or gear to show your team spirit. Campers will participate in basketball related games, challenges and trivia to earn points for our FSFD Red/Blue challenge. Make sure to work on those free throws...hint hint.

**Wednesday: Backwards Day!** Lets see how creative our campers can be when it comes to living backwards. Can we say our name backwards? What about the alphabet? How fast can we count backwards from 20? Out find will we.

**Thursday: Manhunt!-** With a perimeter guarded by those dastardly coaches, campers get to take part in this classic camp game.

**Friday: Awards, Slideshow, and Dunk Tank!!!** We will celebrate all the memories we made this week at the slideshow as our coaches acknowledge all the amazing things our campers did this week, both on and off the field!! The Dunk Tank will be filled and the coaches will be ready to get DUNKED!!

## Week 2: 7/3-7/7

**Monday: Red, White, and Blue Day!** Let's get the Independence Celebration started early with our 4th on the 3rd party! Say Happy Birthday to America by wearing your coolest Red, white, and blue outfit.

**Tuesday: Happy 4th of July. Camp is closed.**

**Wednesday: "CRAZY HAT DAY!** Let's see who can adorn their noggin with the most wacky and zany hat.

**Thursday: Harry Potter Day! Accio Campers!** Campers can show off their Harry Potter Pride by dressing up in their favorite wizarding attire. If they choose to go as muggles, they may do that as well. We love muggles too! Keep your eyes peeled for the Golf Cart for trivia challenges! Coach Chris is a Harry Potter fan, so be ready for the challenge!

**Friday: Awards, Slideshow, and Dunk Tank!!!** We will celebrate all the memories we made this week at the slideshow as our coaches acknowledge all the amazing things our campers did this week, both on and off the field!! The Dunk Tank will be filled and the coaches will be ready to get DUNKED!!

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## Week 3: 7/10-7/14

**Tuesday: The Kona Ice truck is at camp!** Cool off after all the awesome camp activities with a Kona Ice! Mix and match your favorite flavors to make your Kona Ice as unique as you are!

**Wednesday: MLB Day!** Nothing says summer like baseball and snow cones! Show off your team spirit by wearing your favorite MLB attire! Earn some extra red/blue points with baseball trivia and some wild baseball/softball challenges!

**Thursday: Kickball World Championships!** We are taking Kickball to the next level with our KWC! Campers will play kickball FS style, with chances to win cool prizes for everlasting kickball glory!

**Friday: Awards, Slideshow, and Dunk Tank!!!** We will celebrate all the memories we made this week at the slideshow as our coaches acknowledge all the amazing things our campers did this week, both on and off the field!! The Dunk Tank will be filled and the coaches will be ready to get DUNKED!!

## WEEK 4: 7/17-7/21

**Monday: Welcome to OLYMPICS Week!** Olympics week starts off with our campers receiving their respective team/color for the week! Olympics week is all about fun and spirit! Bring your biggest energy to camp and get ready to have an amazing week celebrating the greatest sports event in history.

**Tuesday: Tie Dye Tuesday!** All campers will receive a FS Camps shirt to tie dye to their heart's content. Use this chance to create a unique Olympics Week t-shirt, or get creative and mix it up. The choice is yours! All campers may bring one additional item to be dyed. Please make sure to send the extra item in its own ziploc bag, please.

**Wednesday: Ninja Warrior Race Day!** If we had our choice a Ninja Warrior obstacle course would be in the Summer Olympics. And guess what....it is our choice. Campers will strut their stuff and represent their teams by tackling the Ninja Warrior course and crossing the finish line. Finishing the race quickly earns your team some points. Style and attitude count. Show them what you're made of!

**Thursday: Olympics Scavenger Hunt!** Nothing says camp like a great scavenger hunt! Our Olympians will scour the grounds looking for clues to complete this mind-challenging task. Fair play, sportsmanship, and respect will be just a few ways to earn additional points.

**Friday: Olympics Finale!** We wrap up our Olympics Week with our Medal Ceremony. Our campers make fantastic Olympians!

**Friday: Awards, Slideshow, and Dunk Tank!!!** We will celebrate all the memories we made this week at the slideshow as our coaches acknowledge all the amazing things our campers did this week, both on and off the field!! The Dunk Tank will be filled and the coaches will be ready to get DUNKED!!

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### WEEK 5: 7/24-7/28

**Tuesday: MISMATCH DAY!** Let's see who can put together the most mismatched outfit at camp. We are keeping track of those red/blue points, so earn as many as you can.

**Wednesday: The Amazing Race: Farmingdale.** Do you know what's amazing? Future Stars at Farmingdale and all our wonderful families. Do you know what else is amazing? The group challenges and games we have planned for our Amazing Race Farmingdale.

**Thursday: FSFD COLOR RUN!** FSFD brings back one of its most popular camper events with our Color Run. Campers will navigate the obstacle course while they are met with counselors who are more than eager to get the color flying! Check out the Instagram page for some amazing pics!

**Friday: Awards, Slideshow, and Dunk Tank!!!** We will celebrate all the memories we made this week at the slideshow as our coaches acknowledge all the amazing things our campers did this week, both on and off the field!! The Dunk Tank will be filled and the coaches will be ready to get DUNKED!!