

# Future Stars SUMMER CAMPS

## WHAT TO BRING TO CAMP THIS SUMMER!

### DAILY ITEMS REQUIRED FOR ALL CAMPERs

(Multi-Sport, Rising Stars, Basketball, Cheer, Adventure Camp & STEAM programs)

- ☐ Backpack
- ☐ Appropriate (Athletic) Apparel
- ☐ Appropriate (Athletic) Footwear (*Sneakers recommended. Sandals for the waterpark.*)
- ☐ Bathing Suit & Towel (*1 piece recommended for female campers*)
- ☐ Sunscreen (*hat/sunglasses optional*)
- ☐ Water Bottle
- ☐ Small Healthy Morning Snack (*optional - afternoon snack is provided*)
- ☐ Lunch in Insulated Bag (*if not purchasing it*)
- ☐ Extra T-Shirt (*recommended*)
- ☐ Rain Gear (*campers should have appropriate clothing on days of inclement weather*)

### ADDITIONAL ITEMS REQUIRED FOR SPORTS CAMPS (if needed)

#### Baseball/Softball

- ☐ Mitt, Cleats, Hat, Bat & Helmet (*if you have*)

#### Soccer

- ☐ Cleats/Turf Shoes
- ☐ Shinguards

#### Tennis

- ☐ Tennis Racquet

#### Golf

- ☐ Golf Clubs (*if you have*)

#### Flag Football

- ☐ Mouthpiece
- ☐ Cleats
- ☐ Receiving gloves (*optional*)

#### Volleyball

- ☐ Knee-Pads

#### Lacrosse

##### Boys

- ☐ Helmet & Chin Strap
- ☐ Mouthpiece
- ☐ Stick
- ☐ Gloves
- ☐ Shoulder & Elbow Pads
- ☐ Cleats
- ☐ Equipment Bag

##### Girls

- ☐ Goggles
- ☐ Mouthpiece
- ☐ Stick
- ☐ Cleats (*gloves optional*)

*\*goalies responsible for all their own gear*

#### Football

- ☐ Helmet & Chin Strap
- ☐ Mouthpiece
- ☐ Shoulder Pads
- ☐ Football Pants & Leg Pads
- ☐ Practice FB Jersey
- ☐ Cleats
- ☐ Athletic Supporter
- ☐ Equipment Bag (*positional gloves optional*)

### ADDITIONAL ITEMS REQUIRED FOR SPECIALTY CAMPS

#### Dance

- ☐ Non Restrictive Clothing
- ☐ Jazz/Ballet Shoes

#### Magic

- ☐ Deck of Cards; Small Notepad
- ☐ \$1 Bill; 2 Quarters

### ADDITIONAL ITEMS REQUIRED FOR RISING STARS

- ☐ Change of Clothes (*recommended*)
- ☐ Small Healthy Morning Snack

### ADDITIONAL ITEMS REQUIRED FOR STEAM CAMPS USING COMPUTERS

- ☐ External hard drive or thumb drive to save projects.

Please put full name on clothing and equipment where possible

Please leave valuables at home. Future Stars is not responsible for any lost valuables. All electronics and cell phones are NOT to be used during the camp day!

**QUESTIONS? Email the camp office at: [farmingdale@fscamps.com](mailto:farmingdale@fscamps.com)**

FARMINGDALE • SUFFOLK CC • NASSAU CC • OLD WESTBURY • SYOSSET • PATCHOGUE • SELDEN  
WESTHAMPTON/RIVERHEAD • SOUTHAMPTON • ALBANY • PURCHASE • MANHATTAN

