

Future Stars SUMMER CAMPS

SELDEN

What to Bring to Camp This Summer!



DAILY ITEMS REQUIRED FOR ALL CAMPERs

- Backpack
- Appropriate (Athletic) Apparel
- Appropriate (Athletic) Footwear *(Sneakers recommended. Flip-flops, crocs or sandals for the pool.)*
- Bathing Suit & Towel *(1 piece recommended for female campers)*
- Sunscreen *(hat/sunglasses optional)*
- Water Bottle
- Small Healthy Morning Snack *(optional - afternoon snack is provided)*
- Lunch in Insulated Bag
- Extra T-Shirt *(recommended)*
- Rain Gear *(campers should have appropriate clothing on days of inclement weather)*

ADDITIONAL ITEMS REQUIRED FOR SPORTS CAMPS (if needed)

Flag Football

- Cleats/Turf Shoes *(positional gloves optional)*

Lacrosse

Boys

- Helmet & Chin Strap
- Mouthpiece
- Stick
- Gloves
- Shoulder & Elbow Pads
- Cleats
- Equipment Bag

Girls

- Goggles
- Mouthpiece
- Stick
- Cleats *(gloves optional)*

**goalies responsible for all their own gear*

Soccer

- Cleats/Turf Shoes
- Shinguards

Volleyball

- Knee-Pads

ADDITIONAL ITEMS REQUIRED FOR STEAM CAMPS USING COMPUTERS

- External hard drive or thumb drive to save projects

Please put full name on clothing and equipment where possible

Please leave valuables at home. Future Stars is not responsible for any lost valuables.

All electronics and cell phones are NOT to be used during the camp day!

QUESTIONS?

Contact the camp office at: **631.818.2267** | selden@fscamps.com