

# Future Stars SUMMER CAMPS

## WHAT TO BRING TO CAMP THIS SUMMER!

### DAILY ITEMS REQUIRED FOR ALL CAMPERS

- Backpack
- Appropriate (Athletic) Apparel
- Appropriate (Athletic) Footwear (*Sneakers recommended. Sandals for the pool.*)
- Bathing Suit & Towel (*1 piece recommended for female campers*)
- Sunscreen (*hat/sunglasses optional*)
- Water Bottle
- Small Healthy Morning Snack (*optional - afternoon snack is provided*)
- Extra T-Shirt (*recommended*)
- Rain Gear (*campers should have appropriate clothing on days of inclement weather*)

### ADDITIONAL ITEMS REQUIRED FOR SPORTS CAMPS

#### Baseball/Softball

- Mitt, Cleats, Hat, Bat & Helmet (*if you have*)

#### Soccer

- Cleats/Turf Shoes
- Shinguards

#### Tennis

- Tennis Racquet

#### Golf

- Golf Clubs (*if you have*)

#### Flag Football

- Cleats/Turf Shoes (*positional gloves optional*)

#### Volleyball

- Knee-Pads

#### Field Hockey

- Field Hockey Stick
- Mouthpiece
- Shin Guards
- Field Hockey/  
Lax Goggles
- Cleats/Turf Shoes

*\*goalies responsible for all their own gear*

#### Lacrosse

##### Boys

- Helmet & Chin Strap
- Mouthpiece
- Stick
- Gloves
- Shoulder & Elbow Pads
- Cleats
- Equipment Bag

##### Girls

- Goggles
- Mouthpiece
- Stick
- Cleats (*gloves optional*)

*\*goalies responsible for all their own gear*

### ADDITIONAL ITEMS REQUIRED FOR SPECIALTY CAMPS

#### Dance

- Non Restrictive Clothing
- Jazz/Ballet Shoes

#### Magic

- Deck of Cards

### ADDITIONAL ITEMS REQUIRED FOR LITTLE STARS

- Change of Clothes (*recommended*)
- Small Healthy Morning Snack

**Please put full name on clothing and equipment where possible**

Please leave valuables at home. Future Stars is not responsible for any lost valuables.

All electronics and cell phones are NOT to be used during the camp day!

## QUESTIONS?

Please e-mail the camp office at [stjoes@fscamps.com](mailto:stjoes@fscamps.com)

PURCHASE | OLD WESTBURY | FARMINGDALE | PATCHOGUE | WESTHAMPTON | SOUTHAMPTON

