



2011 - Sample Lunch Menu

(Note this is subject to change)

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Entrée	Baked Ravioli	6ft Hero's Cold Cuts	Chicken Sandwiches	Spaghetti w/meatballs	BBQ & Grilled Cheese
Starch	Italian Bread	French Fries	Onion Rings	Italian Bread	French Fries
Vegetables	Italian Blend	Mixed Veg	Broccoli	Cut Corn	Mixed Veg

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Entrée	Chicken Nuggets	Macaroni w/cheese	Sloppy Joes	Pasta w/meatballs	BBQ Chicken
Starch	Whipped potatoes w/gravy	French Fries	Onion Rings	Italian Bread	French Fries
Vegetables	Green Beans	Peas & Carrots	Cut Corn	Italian Blend	Mixed Veg

	Monday	Tuesday	Wednesday	Thursday	Friday
Rotating Station	Hamburger Bar	Taco Bar	Hot Dog Bar	Deli Bar	Hamburger Bar
Daily Pizza Station	Plain & Pepperoni	Plain & Meatball	Plain & Vegetable	Plain & Sausage	Plain & Pepperoni
Dessert	Jell-O or Pudding	Vanilla Cake	Brownies	Devils food cake	Ice Cream Novelty

Additional

1. Salad Bar will be available daily – Includes Fresh Greens / Diced Tomato / Shredded Carrots & Seasonal Vegetables.
2. Peanut Butter & Jelly will be available daily.
3. Kosher Option will be available daily on a limited basis.
4. Daily beverages include Milk, Lemonade, Fruit Punch, Ice-Tea, Sports Drinks and more.