



LACROSSE CAMP

WHAT TO BRING TO CAMP THIS SUMMER!

DAILY ITEMS REQUIRED FOR LACROSSE CAMP

Athletic Apparel {extra t-shirt & recommended}
Sneakers {for indoor and outdoor use as necessary}
Rain Gear {appropriate clothing on days of inclement weather}
Hat / Cap
Boys: Stick, gloves, shoulder pads, helmet, arm pads, mouthpiece, cleats (optional)
Girls: Stick, mouthpiece, goggles, gloves and cleats (optional)
Bathing Suit & Towel {sandals for pool area recommended}
Water Bottle
Sunscreen

****Please put full name on clothing and equipment where possible****

LEAVE VALUABLES AT HOME

*Future Stars is not responsible for any lost valuables.
All Electronics and Cell Phones are NOT to be used during the camp day!*

Early dismissals and late arrivals should go through the
Farmingdale Camp office.

CAMP OFFICES

The camp offices will be open Monday-Friday 8:30am – 4:30pm during the camp season.

Farmingdale Camp Office: 631-609-0438.....Fax: 631-420-2294

Administrative Office: 914-273-8500.....Fax: 914-273-8506

E-mail us with your questions at farmingdale@fscamps.com