



LACROSSE CAMP

WHAT TO BRING TO CAMP THIS SUMMER!

DAILY ITEMS REQUIRED FOR LACROSSE CAMP

- Athletic Apparel** {extra t-shirt recommended}
- Stick & Gloves**
- Mouthpiece**
- Helmet & Pads** {Boys Lacrosse Campers}
- Goggles** {Girls Lacrosse Campers}
- Sneakers** {cleats are optional}
- Rain Gear** {appropriate clothing on days of inclement weather}
- Hat / Cap**
- Bathing Suit** {1-Piece Suit for Female Campers} & **Towel** {sandals for pool area recommended}
- Water Bottle** {Morning snack recommended}
- Sunscreen**

****Please put full name on clothing and equipment where possible****

LEAVE VALUABLES AT HOME

*Future Stars is not responsible for any lost valuables.
All Electronics and Cell Phones are NOT to be used during the camp day!*

Early dismissals and late arrivals should go through the
SUNY College at Old Westbury Camp office.

CAMP OFFICES

The camp offices will be open Monday-Friday 8:00am – 5:30pm during the camp season.

SUNY Old Westbury Office: 516-876-3490.....Fax: 516-876-3589

Administrative Office: 914-273-8500.....Fax: 914-273-8506

E-mail us with your questions at david@fscamps.com