



'FLAG' RUGBY CAMP

WHAT TO BRING TO CAMP THIS SUMMER!

DAILY ITEMS REQUIRED FOR 'FLAG' RUGBY CAMP

Athletic Apparel {extra t-shirt recommended}
Cleats or Turf Shoes
Shin-guards {Optional}
Sneakers {for indoor use as necessary}
Rain Gear {appropriate clothing on days of inclement weather}
Hat / Cap
Bathing Suit {1-Piece Suit for Female Campers} & **Towel** {sandals for pool area recommended}
Water Bottle {Morning snack recommended}
Sunscreen

****Please put full name on clothing and equipment where possible****

LEAVE VALUABLES AT HOME

*Future Stars is not responsible for any lost valuables.
All Electronics and Cell Phones are NOT to be used during the camp day!*

Early dismissals and late arrivals should go through the
SUNY College at Old Westbury Camp office.

CAMP OFFICES

The camp offices will be open Monday-Friday 8:00am – 5:30pm during the camp season.

SUNY Old Westbury Office: 516-876-3490.....Fax: 516-876-3589

Administrative Office: 914-273-8500.....Fax: 914-273-8506

E-mail us with your questions at david@fscamps.com