

Future Stars SUMMER CAMPS

WHAT TO BRING TO CAMP THIS SUMMER!

DAILY ITEMS REQUIRED FOR ALL CAMPERS (Multi-Sport, Rising Stars & STEAM Programs)

- Backpack
- Appropriate (Athletic) Apparel
- Appropriate (Athletic) Footwear (*Sneakers recommended. Sandals for the waterpark.*)
- Bathing Suit & Towel (*1 piece recommended for female campers*)
- Sunscreen (*hat/sunglasses optional*)
- Water Bottle
- Small Healthy Morning Snack (*optional - afternoon snack is provided*)
- Extra T-Shirt (*recommended*)
- Rain Gear (*campers should have appropriate clothing on days of inclement weather*)

ADDITIONAL ITEMS REQUIRED FOR SPORTS CAMPS (if needed)

Baseball/Softball

- Mitt, Cleats, Hat, Bat & Helmet (*if you have*)

Soccer

- Cleats/Turf Shoes
- Shinguards

Tennis

- Tennis Racquet

Golf

- Golf Clubs (*if you have*)

Flag Football

- Mouthpiece
- Cleats
- Receiving gloves (*optional*)

Volleyball

- Knee-Pads

Lacrosse

Boys

- Helmet & Chin Strap
- Mouthpiece
- Stick
- Gloves
- Shoulder & Elbow Pads
- Cleats
- Equipment Bag

Girls

- Goggles
- Mouthpiece
- Stick
- Cleats (*gloves optional*)

**goalies responsible for all their own gear*

Football

- Helmet & Chin Strap
- Mouthpiece
- Shoulder Pads
- Football Pants & Leg Pads
- Practice FB Jersey
- Cleats
- Athletic Supporter
- Equipment Bag (*positional gloves optional*)

ADDITIONAL ITEMS REQUIRED FOR SPECIALTY CAMPS

Dance

- Non Restrictive Clothing
- Jazz/Ballet Shoes

Magic

- Deck of Cards

ADDITIONAL ITEMS REQUIRED FOR RISING STARS

- Change of Clothes (*recommended*)
- Small Healthy Morning Snack

Please put full name on clothing and equipment where possible

Please leave valuables at home. Future Stars is not responsible for any lost valuables. All electronics and cell phones are **NOT** to be used during the camp day!

QUESTIONS?

Please e-mail the camp office farmingdale@fscamps.com

PURCHASE | FARMINGDALE | SOUTHAMPTON | PATCHOGUE | WESTHAMPTON-RIVERHEAD | SYOSSET | BRENTWOOD

