

WHAT TO BRING TO CAMP

SOUTHAMPTON LACROSSE

- Bathing suit
- Towel
- Extra t-shirt
- Sunblock & hat
- Water bottle
- Sneakers
- Nut-free lunch
- Rain gear (appropriate for days of inclement weather)

BOYS: Stick, gloves, shoulder pads, helmet, arm pads & mouthpiece

GIRLS: Stick, mouthpiece, goggles & gloves

**For safety purposes, all campers must provide their own equipment.
Please put full name on clothing and equipment where possible*

Future Stars is not responsible for any lost valuables.

All electronics and cell phones are NOT to be used during the camp day!

The camp offices will be open
Monday-Friday 8:30am – 4:30pm
during the camp season.

CAMP OFFICES

Southampton Camp Office: **631.287.6707**

Administrative Office: **914-273-8500**

E-mail us with your questions at: info@futurestarssouthampton.com