Future Stars
SUMMER CAMPS

WHAT TO BRING TO CAMP THIS SUMMER!

DAILY ITEMS REQUIRED FOR ALL CAMPERS

- ☐ Backpack
- ☐ Appropriate (Athletic) Apparel
- ☐ Appropriate (Athletic) Footwear *(Sneakers recommended. Sandals for the pool.)*
- ☐ Bathing Suit & Towel *(1 piece recommended for female campers)*
- ☐ Sunscreen *(hat/sunglasses optional)*
- ☐ Water Bottle
- ☐ Small Healthy Morning Snack *(optional - afternoon snack is provided)*
- ☐ Extra T-Shirt *(recommended)*
- ☐ Rain Gear *(campers should have appropriate clothing on days of inclement weather)*

ADDITIONAL ITEMS REQUIRED FOR SPORTS CAMPS

Baseball/Softball
- ☐ Mitt, Cleats, Hat, Bat & Helmet *(if you have)*

Soccer
- ☐ Cleats/Turf Shoes
- ☐ Shinguards

Tennis
- ☐ Tennis Racquet

Golf
- ☐ Golf Clubs *(if you have)*

Flag Football
- ☐ Cleats/Turf Shoes *(positional gloves optional)*

Volleyball
- ☐ Knee-Pads

Field Hockey
- ☐ Field Hockey Stick
- ☐ Mouthpiece
- ☐ Shin Guards
- ☐ Field Hockey/ Lax Goggles
- ☐ Cleats/Turf Shoes

**goalies responsible for all their own gear*

Lacrosse

Boys
- ☐ Helmet & Chin Strap
- ☐ Mouthpiece
- ☐ Stick
- ☐ Gloves
- ☐ Shoulder & Elbow Pads
- ☐ Cleats
- ☐ Equipment Bag

Girls
- ☐ Goggles
- ☐ Mouthpiece
- ☐ Stick
- ☐ Cleats *(gloves optional)*

**goalies responsible for all their own gear*

ADDITIONAL ITEMS REQUIRED FOR SPECIALTY CAMPS

Dance
- ☐ Non Restrictive Clothing
- ☐ Jazz/Ballet Shoes

Magic
- ☐ Deck of Cards

ADDITIONAL ITEMS REQUIRED FOR RISING STARS

- ☐ Change of Clothes *(recommended)*
- ☐ Small Healthy Morning Snack

FUTURE STARS SUMMER CAMPS
est. 1980
ST. JOSEPH'S COLLEGE
LONG ISLAND, NY
TRAIN • PLAY • BELIEVE

Please put full name on clothing and equipment where possible

Please leave valuables at home. Future Stars is not responsible for any lost valuables.
All electronics and cell phones are NOT to be used during the camp day!

QUESTIONS?

Please e-mail the camp office at stjoes@fscamps.com

PURCHASE | OLD WESTBURY | FARMINGDALE | PATCHOGUE | WESTHAMPTON | SOUTHAMPTON